

## Conditioned Game - Passing:

Play games of goalball using the standard rules, refer to 'rules of goalball' page. Add in a rule relating to passing such as:

- Awarding a goal that is after a team pass with 2 points instead of 1.
- A team must pass once before shooting.
- A child cannot pass to the same teammate in succession. E.g. if Evie receives the ball and then passes to Tom, the next time Evie receives the ball she must pass it to her other teammate, not Tom.

## Teaching Points:

Introduce the rules of goalball to the children, refer to the rules of goalball page.

Reinforce the rules throughout the game.

Utilise non-playing children as goal judges and officials, refer to appendix 1 for more details.

## Questions

When is a good time to pass? – when your team has the time to, e.g. there is enough of the '10 seconds' left

When is not a good time to pass? – e.g. when a lot of time has been taken to collect the ball (think about the 10-second rule).

## Differentiation And Creativity:

Introduce the 10 second rule to the game, a team has ten seconds after their first contact with the ball to get it back over to the other side of the court. A pass between teammates does not reset the 10 second limit. Penalties could be introduced depending on ability levels, refer to appendix 2 for more details.

## Debrief:

Children move around the hall in different ways, gradually slowing in tempo. Then bring the group together for a short Q&A  
Review the children's understanding of team passing –  
Communicate when passing, so everyone is ready.  
Use audible cues, so the passer can judge direction and power.



## Rules of Goalball:

- Goalball is played with 3 players from each team on court at any one time.
- The aim of the game is to score a goal by getting the ball across your opponent's 'goal line'.
- A match at tournament level consists of two 12-minute halves.
- This can be modified to suit your lesson and at school competitions.
- The court has a 'high-ball line', which the ball must bounce on or before when thrown.
- Teams have 10 seconds from their first defensive contact with the ball to get the ball back over to the opponent's side of the court.
- Players can not touch their eyes/hands without permission from the official.
- After the official has said "quite please", people off-court should remain quiet.
- this includes coaches, teachers and spectators.
- After play stops for any reason, i.e. the ball goes out, players must wait until the ball is not in play. Players should avoid making excessive noise during play.
- Players are permitted to communicate if they have possession of the ball or as you have a clear method for players to orientate themselves.
- Absence of a high ball line, you can make an informed decision on what you think, a high ball is.
- The high ball rule is crucial for safety and to give the defending team a chance to track the ball.

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