# **Appendix G – Goalball UK Equipment Cleaning Guidance**

## **PPE**

Before and after any cleaning you should sanitise your hands. If when cleaning, you are going to come into direct contact with the surface and or any bodily fluid you should apply additional PPE.

* Apron
* Gloves

## **Timings**

All equipment and shared surfaces should be cleaned at regular intervals when practically possible within sessions. Plan in cleaning breaks when practical during the session for the balls, team areas, and goals. As a guide look to have a cleaning break every hour.

Look to plan your sessions so cleaning can take place at the end of a game or specific drill, players can then hydrate while the cleaning is taking place.

If you are running back to back sessions cleaning must take place in between each session.

## **Cleaning Processes & Products**

All the processes and products below have been tested by Goalball UK, however clubs / organisations should undertake their own testing.

### **Balls**

Use a disinfectant cleaning wipe to wipe the ball then leave to dry approx. 5mins. Ensure you have enough balls for the session to allow for a number of balls to be in play while others are being cleaned or drying.

### **Goals**

Wipe down both posts and cross bar using a disinfectant wipe.

### **Court Area**

Spray the team area (3m x 9m) at both ends and any other areas where sweat is prevalent using a pump sprayer, hold the nozzle at approximately hip height to ensure even coverage across the area, mop to clean & dry and then test the floor is dry and nonslip by rubbing / kicking the soles of your feet on the floor. The products (listed below) have been tested and dry within 2-3mins after mopping.

The cleaning spray itself can be any hard-surface cleaner that is designed to kill bacteria and viruses or have a minimum 70% alcohol disinfectant spray. The hard surface cleaner is the most cost-effective option for clubs and suitable for training sessions. We recommend contacting your venue to get permission to use the spray you intend to use on the floor.

Have two mops available one for each end of the court, change the mop heads after each session. Place the used mop head / fabric into a sealed bag and wash on a high temperature (60 degrees) before using again.

### **Product Links**

The products listed are those that have been sourced by Goalball UK as options to use. Goalball UK takes no responsibility for any damage or harm caused by the use of the products listed.

Wipes: <https://www.fbtsports.co.uk/product-details/wipes-pack-50>

Surface cleaner: <https://www.tesco.com/groceries/en-GB/products/264843462>

70% alcohol spray: <https://reynardhealth.co.uk/products/surface-cleaning/reynard-70-isopropyl-alcohol-disinfection-spray-750ml/> Contact:[uk@reynardhealth.com](mailto:uk@reynardhealth.com) to place an order.

Pump sprayer: <https://www.screwfix.com/p/sx-cs5-white-black-pressure-sprayer-5ltr/7490x>

Mops: <https://www.amazon.co.uk/gp/product/B08C4YZYJ4/ref=ox_sc_act_title_1?smid=A2Z294N04RYYOC&psc=1>

Additional mop heads: <https://www.amazon.co.uk/Professional-Microfiber-Cleaning-Reusable-Washable/dp/B08B7X54W3/ref=sr_1_77?dchild=1&keywords=floor%2Bmop%2Bheads&qid=1601292570&sr=8-77&th=1>

## **Disposal of Waste**

### No Symptoms Present

If there are no symptoms present waste can be disposed of as normal. However, we recommend having separate bags at sessions and events for the disposal of PPE and cleaning waste. These can be tied up and then placed in standard waste.

### Symptoms Present

1. Personal waste from individuals with symptoms of COVID-19 and waste from cleaning of areas where they have been (including PPE, disposable cloths and used tissues):

* Should be put in a plastic rubbish bag and tied when full
* The plastic bag should then be placed in a second rubbish bag and tied
* This should be put in a suitable and secure place and marked for storage until the individual’s test results are known

1. This waste should be stored safely and kept away from children. It should not be placed in communal waste areas until negative test results are known, or the waste has been stored for at least 72 hours.
2. If the individual tests negative, this can be disposed of immediately with the normal waste.
3. If COVID-19 is confirmed this waste should be stored for at least 72 hours before disposal with normal waste.
4. If during an emergency you need to remove the waste before 72 hours, it must be treated as Category B infectious waste. You must:

* keep it separate from your other waste
* arrange for collection by a specialist contractor as hazardous waste. There will be a charge for this service.

This advice has been taken from <https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings>

## **Further Support**

If you have any questions or would like further advice on cleaning requirements please contact us at [Covid@goalballuk.com](mailto:Covid@goalballuk.com)